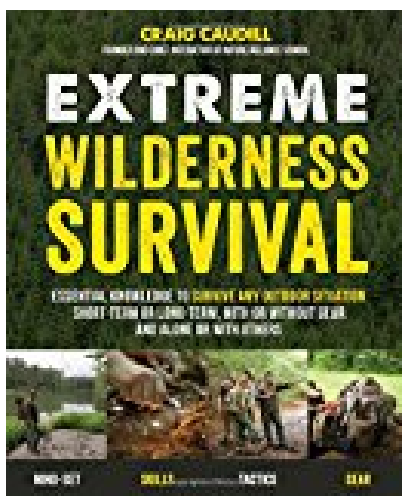


# Extreme Wilderness Survival Essential Knowledge to Survive Any Outdoor Situation Short-Term or Long-Term With or Without Gear and Alone or With Others

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## BOOK DETAILS

- Author : Craig Caudill
- Pages : 192 Pages
- Publisher : Page Street Publishing
- Language : English
- ISBN : 1624143369



## BOOK SYNOPSIS

Real-World Tactics for Safety and Survival in Extreme Situations For the beginner and way beyond, Extreme Wilderness Survival has what every outdoorsman needs to stay safe in the woods: the right mind-set, skills, advanced tactics and gear choices based on real experiences. Craig Caudill of Nature Reliance School has spent four decades gathering expertise in outdoor survival—including two 30-day solo sabbaticals in remote woods with only a knife. He teaches military personnel as well as everyday citizens how to avoid trouble and what to do when you can't avoid it. In this book, Craig puts it all together in a sensible way, step by step, for almost any scenario—from getting lost alone to extreme group tactics. You'll learn how to:

- Strengthen your mental fortitude
- Heighten awareness to avoid danger
- Hunt, fish and forage for food
- Make gear from scratch
- Use tactics and self-defense to fight off predators
- Track animals and other people
- Choose the right gear to help you get home safe always

In this book, you'll learn how to work with nature, not against it, so you can travel with a healthy dose of confidence and caution, stay safe and survive no matter what dangers you encounter.

### **EXTREME WILDERNESS SURVIVAL ESSENTIAL KNOWLEDGE TO SURVIVE ANY OUTDOOR SITUATION SHORT-TERM OR LONG-TERM WITH OR WITHOUT GEAR AND ALONE OR WITH OTHERS**

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