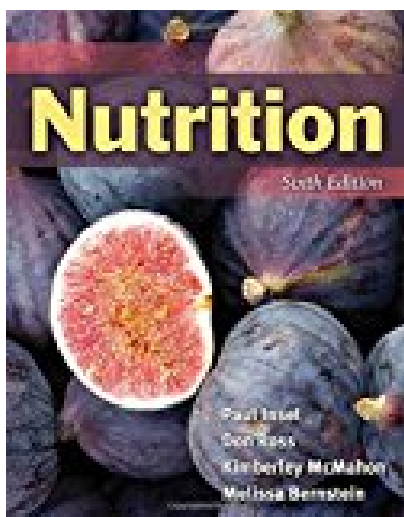


# Nutrition

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## BOOK DETAILS

- Author : Paul Insel
- Pages : 1002 Pages
- Publisher : Jones & Bartlett Learning
- Language : English
- ISBN : 1284100057

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## BOOK SYNOPSIS

Written for majors and advanced non-majors, the Sixth Edition of Nutrition provides a modern, comprehensive introduction to nutrition concepts, guidelines, and functions. Its student-focused approach provides readers with the knowledge they need to make informed decisions about their overall nutrition.

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